



# Samantha Lewis

651-280-9249

[13samlewis96@gmail.com](mailto:13samlewis96@gmail.com)

Height: 5'7 Hair: Brown Eyes: Brown Queer

**Featured Trainer on Harper's Bazaar**

## EDUCATION AND CERTIFICATIONS

2023	<b>NASM Women's Fitness Specialist</b>	
2022	<b>NASM Nutrition Coach Certification</b>	
2020	<b>NASM Personal Training Certification</b>	
2018	<b>200hr YTT (Devanadi Yoga and Wellness)</b>	MPLS, MN
2015-2019	<b>Rutgers University, Mason Gross School of the Arts</b>	NB, NJ

## WORK HISTORY

2024	<b>Founder of Manifest Fitness LLC</b>	NY, NY
2022-Present	<b>Trainer at Anna Kaiser Studios</b>	NY, NY
2021	<b>Founder of manifest dance</b>	
2019-2021	<b>Yoga Teacher at Tula Yoga</b>	STP, MN
2019-2020	<b>Performing Artist with TU Dance</b>	STP, MN

## PERFORMANCE

2021	<b>"Impulse" by Sam Lewis through the Fringe Festival</b>	MPLS, MN
	Choreographer, Performer, and Producer	
2021	<b>Music Video "Nervous" by Kathleen Elle</b>	BKLN, NY
	Choreographer and Dancer	
2018	<b>Yin Yue Rep "Through the Fracture of Light"</b>	NB, NJ
	Mason Gross School of the Arts : DancePlus Fall	
2018	<b>Maxine Doyle Original Work "States"</b>	NB, NJ
	Mason Gross School of the Arts : DancePlus Spring	
2017	<b>Mark Morris Rep "Marble Halls" : Set and Staged by Lauren Grant</b>	NY, NY
	Rutgers in New York : Dance at the Joyce	

## CHOREOGRAPHY

2021	<b>"Impulse" by Sam Lewis presented through the Fringe Festival</b>	MPLS, MN
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